

# GSMS BEARS

## Celebration of Athletics

### 2022-23



# Award Descriptions

## Love of the Game:

This student was a hard-working, dedicated athlete. They demonstrated being a positive role model for the sport and consistently showed strong team spirit.

## Most Valuable Player (MVP):

This student demonstrated positive characteristics that helped lead the team. They excelled at the sport and were looked to when it was really needed.

# Expectations

Please wait until all awards have been called for that team before cheering.

Award winners are to come to the table to get your certificate and then you can go to the Bears banner to have your photo taken if you want.

# CROSS COUNTRY

Coach:

Ms. Chisholm  
Kate Scott



# Gr. 6 Girls Cross Country

**Love of the Game**  
**Clara Duquette**  
**&**  
**Charlotte Ashfield**

**MVP**  
**Claire Dickinson**

# Gr. 6 Boys Cross Country

Love of the Game  
Henry Cooper

MVP  
Carter Wiley

# Gr. 7 Girls Cross Country

**Love of the Game**  
**Addie Han**

**MVP**  
**Mia Armstrong**

# Gr. 7 Boys Cross Country

**Love of the Game**

**Will Ross**

**&**

**Rex Crouse**

**MVP**

**Ryder Poole**



# Gr. 8 Girls Cross Country

**Love of the Game**  
**Anna Scott**

**MVP**  
**Abby Wright**

# Gr. 8 Boys Cross Country

**Love of the Game**  
**Charlie Cooper**

**MVP**  
**Nathan Duquette**

# Soccer



4 teams:

JV Girls

JV Boys

Varsity Girls

Varsity Boys

# JV Girls Soccer

**Coaches: Mr. Michaud, Amanda Jenson, Gabby Savoy**  
**3<sup>rd</sup> in Districts**



# JV Girls Soccer

## Love of the Game

Ellie Clements (Gr. 7)

&

Violet Goodwin (Gr. 6)

## MVP

Addie Deap (Gr. 6)

# JV Boys Soccer

Coaches: Jonas Colter, Greg Phillips, Sahjed Shaesh

7-1 record. 2<sup>nd</sup> place in districts.



# JV Boys Soccer

## Love of the Game

Udo Anochie (Gr. 6)

&

Rohan Colter (Gr. 6)

## MVP

Owen McWaid (Gr. 6)

&

Luke Thompson (Gr. 6)

# Varsity Girls Soccer

**Coaches: Rochelle Baldwin & Sarah Kennedy**

**1<sup>st</sup> place in district!** 5W and 1 Tie, playoff 2W, 15 goals for and 5 against





# Varsity Girls Soccer

**Love of the Game**

**Kate Cook (Gr. 8)**

**&**

**Brynn MacVicar (Gr. 8)**

**MVP**

**Stephanie Lozada (Gr. 8)**

# Varsity Boys Soccer

**Coach: Mr. Graham**

**Many close games, scored in every match.**



# Varsity Boys Soccer

## Love of the Game

Charlie Cooper (Gr. 8)

&

Hassan Al daiif (Gr. 7)

## MVP

Mitchell Chase (Gr. 7)

# Basketball



**6 teams:**

**Gr. 6 Girls**

**Gr. 6 Boys**

**JV Girls**

**JV Boys**

**Varsity Girls**

**Varsity Boys**

# Gr. 6 Girls Basketball

**Coach:** Jared MacDonald

Started unsure if we would have enough girls to play, and then improved every game of the season giving 100% effort.





**Love of the Game**

**Willow Salvea  
&  
Olivia Kelly**

**Gr. 6 Girls  
Basketball**

**MVP**

**Maly Beckwith**

# Gr. 6 Boys Basketball

**Coaches:** Mr. Graham, Ms. Jones, Jason Larocque  
3<sup>rd</sup> place in districts





## Love of the Game

Sai Adhikari  
&  
Ryker Larocque

Gr. 6 Boys  
Basketball

MVP

Ryan Tian  
&  
Myron Kou



# JV Girls Basketball

**Coaches:** Mr. Michaud





## Love of the Game

Josee Holland (Gr. 7)  
&  
Sarah Binns (Gr. 7)

## JV Girls Basketball

MVP

Lily Wood (Gr. 6)

# JV Boys Basketball

**Coaches:** Jonas Colter and Kelly Jeffrey  
**District Champions!**





## Love of the Game

Charles Worley (Gr. 6)

&

Drew Jeffrey (Gr. 7)

JV Boys  
Basketball

MVP

Owen McWAID (Gr. 6)

# Varsity Girls Basketball

**Coaches:** Kate Scott



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**Love of the Game**

**Anna Scott (Gr. 8)  
&  
Maryn Mombourquette  
(Gr. 8)**

**Varsity Girls  
Basketball**

**MVP**

**Abby Wright (Gr. 8)**

# Varsity Boys Basketball

**Coaches:** Josh Prescott



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**Love of the Game**

**Hudson Pickard (Gr. 8)**

**&**

**Nathan Duquette (Gr. 8)**

**Varsity Boys  
Basketball**

**MVP**

**Westin Clark (Gr. 8)**

**2 times in a row**



# Badminton



We missed the 2021-22 badminton season due to COVID. It was great to see so many student's pick-up the sport for the first time!

Gr. 6 girls

Gr. 6 boys

Gr. 7 girls

Gr. 7 boys

Gr. 8 girls

Gr. 8 boys

# Gr. 6 Girls Badminton

**Coach: Mr. Coffin**

**Many new players to the sport!**



# Gr. 6 Girls Badminton

**Love of the Game**  
**Clara Duquette**

**MVP Doubles**  
**Saron Tecle**  
**&**  
**Lucy Wall**

**MVP Singles & Doubles**  
**Taylor Fox**

# Gr. 6 Boys Badminton

Coaches: Jonas Colter



# Gr. 6 Boys Badminton

**Love of the Game**  
**Mohammad Salem**

**MVP Doubles**  
**Henry North**  
**&**  
**Cullen Buyting**

**MVP Singles**  
**Daksh Kathpal**

# Gr. 7 Girls Badminton

Coach: Deryl Armstrong



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# Gr. 7 Girls Badminton

**Love of the Game**  
**Pema Selden**

**MVP Doubles**  
**Reese Gamble**  
**&**  
**Maddy MacNally**

**MVP Singles**  
**Mia Armstrong**

# Gr. 7 Boys Badminton



**Coach: Brianna Blacquier & Nathan Staples**  
**District champions!**





# Gr. 7 Boys Badminton

**Love of the Game**

**Rowan Collins**

**MVP Doubles**

**Gage Keough**

**&**

**Will Ross**

**MVP Singles**

**Jake Blacquier**

# Gr. 8 Girls Badminton

Coach: Kate Scott & Winnie Hsu



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# Gr. 8 Girls Badminton

## Love of the Game

Kate Cook &  
Pearl Beairsto

## MVP Doubles

Caroline Callaghan  
&  
Abbie Hatfield

## MVP Singles

Valeria Perez

# Gr. 8 Boys Badminton



**Coaches: Jerry Zhang**

Hardworking team on or off the court!



# Gr. 8 Boys Badminton

**Love of the Game**  
**Joshua Charramaskil**

**MVP Doubles**  
**Prince Pantillano**  
**&**  
**Tyler Thelwell**

**MVP Singles**  
**Marshall Hiebert**

# Volleyball

7 teams:

**Gr. 6 Girls**

**Gr. 6 Boys**

**JV Girls**

**JV Boys**

**Tier 2 Girls**

**Varsity Girls**

**Varsity Boys**

# Gr. 6 Girls Volleyball

## Coaches:

**Mr. Bessey**  
**Sydney Flower**  
**Emmily Edgers**  
**Mr. Graham**



# Gr. 6 Girls Volleyball

**Love of the Game**

**Olivia Kelly**

**&**

**Katelyn Hickey**

**Most Valuable Player**

**Taylor Fox**



# Gr. 6 Boys Volleyball

**Coaches: Ms. Jones**  
**District champions!**





# Gr. 6 Boys Volleyball

**Love of the Game**  
**Tally Gwathemy**  
**&**  
**Henry North**

**Most Valuable Player**  
**Declan White**

# JV Girls Volleyball

Coaches:

Mr. Michaud  
Amanda Jensen





# JV Girls Volleyball

**Love of the Game**  
**Olivia Boisvert (Gr. 6)**  
**&**  
**Lily Wood (Gr. 6)**

**Most Valuable Player**  
**Sydney Atwin (Gr. 7)**

# JV Boys Volleyball

**Coaches:** Tim Wiley & Rebekah Thompson

**Finished 3<sup>rd</sup> place in district, impressive 13-2 record.**



# JV Boys Volleyball

**Love of the Game**

**Jimmy Nyugen (Gr. 7)**

**&**

**Mykola Pashkevych (Gr. 7)**

**Most Valuable Player**

**Will Ross (Gr. 7)**

**REPEAT WINNER**

# Tier 2 Girls Volleyball

**Coaches:** Mr. Barry & Mrs. Clements

**Handful of players new to the sport and the team did great!**



# Tier 2 Girls Volleyball

**Love of the Game**  
**Ruby Phillips (Gr. 7)**  
**&**  
**Addy Shaw (Gr. 8)**

**Most Valuable Player**  
**Valeria Perez (Gr. 8)**



# Varsity Girls Volleyball

**Coaches:** Fenton Travis and Deryl Armstrong

26 wins, 5 loses and 5 ties. Played in 5 tournaments and had 2 first place finishes and 2 second place finishes, plus won the district title.



# Varsity Girls Volleyball

**Love of the Game**  
**Anna Scott (Gr. 8)**

**Most Valuable Player**  
**Maddy Stewart (Gr. 8)**

# Varsity Boys Volleyball

**Coaches:** Megan Bowen, Michael Bowen and Kayla Hoyt  
**Team full of energy, effort and laughs!**



# Varsity Boys Volleyball

**Love of the Game**

**Ryan Kelly (Gr. 8)**

**&**

**Caden Smith (Gr. 8)**

**Most Valuable Player**

**Porter Mais (Gr. 7)**

# TRACK AND FIELD

## Coaches:

Mr. Graham

Ms. Allen

Mr. Coffin

Ms. Scott

Ms. Keefe

Ms. Chisholm

4th place out of 11 schools



A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, stadium lights, and a green field. The sky is clear and blue.

# Gr. 6 Girls Track and Field

**Love of the Game**

**Leah Holland  
Izzy Slavin**

**Most Valuable Player**

**Katelyn Hickey  
Clara Duquette**

A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, a chain-link fence, and a green field. The sky is clear and blue.

# Gr. 6 Boys Track and Field

**Love of the Game**  
**Henry North**  
**Luke Thompson**

**Most Valuable Player**  
**Carter Wiley**  
**Jayden Igbesase**

A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, stadium lights, and a green field. The sky is clear and blue.

**Gr. 7 Girls  
Track and Field**

**Love of the Game**  
**Talysa Thelwell**  
**Heidi Crouse**

**Most Valuable Player**  
**Mia Armstrong**  
**Reese Gamble**



A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, stadium lights, and a green field. The sky is clear and blue.

# Gr. 7 Boys Track and Field

**Love of the Game**

**Rex Crouse  
Caleb Staples**

**Most Valuable Player**

**Mitchell Chase  
Jake Blacquier**

A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, stadium lights, and a green field. The sky is clear and blue.

**Gr. 8 Girls  
Track and Field**

**Love of the Game  
Lucy Hall  
Anna Scott**

**Most Valuable Player  
Ally Hoyt  
Abbie Hatfield  
Abby Wright**

A photograph of a track and field stadium. The foreground shows a red running track with white lane markings and blue diamond-shaped markers. In the background, there are bleachers, stadium lights, and a green field. The sky is clear and blue.

**Gr. 8 Boys  
Track and Field**

**Love of the Game**  
**Jeremy Rhodes**  
**Cooper Griffen**  
**Colby Patriquin**

**Most Valuable Player**  
**Mack Leger**  
**Tyler Thelwell**  
**Charlie Cooper**

# Girls Softball

**Coaches:** Kate Scott and Josh Prescott

**Most of the team had never played before, huge improvements made!**



# Softball

**Love of the Game**

**Ella Prescott (Gr. 8)**

**&**

**Anna Scott (Gr. 8)**

**MVP**

**Reese Gamble (Gr. 7)**

# Co-ed Rugby

**Coaches:** Tony Yu, Mr. Lathangue, Jessica

The bears had a great showing with their first rugby team in 3 years and remained competitive all season against more experienced players bringing home 5 wins.



# Co-ed Rugby

**Love of the Game**

**Cef Ward (Gr. 8)**

**&**

**Silas Herring (Gr. 7)**

**MVP**

**Mack Leger (Gr. 8)**

**&**

**Jimmy Nguyen (Gr. 7)**

# GSMS BEARS

## Major Athletics Awards



Major awards winners please stay afterwards for some group pictures.

Two awards:

**Bears Athlete of the Year Award**

**&**

**Bears Athletics Leadership Award**



# Bears Athlete of the Year



**This student excelled in their athletic abilities, usually in multiple sports. They demonstrated outstanding athletic skill both in practice and competition and were looked to when it was really needed.**

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# Bears Athlete of the Year



**Maddy Stewart**  
**Abby Wright**  
**Westin Clark**  
**Nathan Duquette**

# Bears Athletics Leadership Award



**This multi-sport student enhanced school spirit and modelled the positive benefits that athletics has towards developing a well-rounded individual. This student consistently represented the GSMS BEARS in a positive way committing a great deal of time to our athletics program!**

# Bears Athletics Leadership Award



**Charlie Cooper  
&  
Anna Scott**

Thank you again **STUDENTS** and **VOLUNTEERS**, without your commitment we would not be here to celebrate! For our returning Gr. 6-7 students, we look forward to another year of athletics starting in the fall.

To all our graduating students, stay committed to being active and tryout for local clubs and FHS teams!

# GO BEARS!

