



Spring SPARK Booklet 2024

Dates: May 10, 17, 24, 31 Rain date: June 7



Please rank your top 5 choices beginning with your first choice as number 1.

1. **Golf @ Kingswood** – Would you like to learn more about playing golf? During this SPARK, you will learn about the fundamentals of the golf game at the beautiful Kingswood Golf Course. Skills such as weight transfers, balance, swinging the golf club and putting. The fee includes four golf lessons by a PGA Pro, transportation and the use of golf clubs. If students prefer to use their own equipment, they can drop off their golf bag each Thursday evening since clubs aren't permitted on the bus.

Cost: \$25

Location: Kingswood Golf Course (by bus)

2. **Bouldering** - Want to learn how to rock climb? Come climb at the Fredericton Bouldering Coop! This rock-climbing SPARK offers 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes of climbing practice on their indoor bouldering walls. Students will be bused to the facility and back to the school. Rental shoes are included in the cost. Students must have their online waiver signed prior to participating (<https://www.fbcwall.com/waivers>).

Cost: \$28

Location: Fredericton Bouldering Co-op (by bus)

3. **Intro to Martial Arts** - Looking to get into martial arts? Not sure what would suit you? Atlantic Martial Arts Academy is offering a beginner 4-week course to GSMS Students. You will be learning the art of Taekwondo and Hapkido, as well as the sport Kickboxing. Come have a great time! Let experience be your teacher! Learn from 3rd generation Master Instructor Steven Ross. Participants will need comfortable clothing and a water bottle.

Cost: \$28

Location: Atlantic Martial Arts Academy (by bus)

4. **Multicultural Outdoor Exploration** - Are you a student who wants to explore and learn more about the Canadian wilderness, local places, and parks? Well, this is the SPARK for you! Everyone is welcome to join! If you are a Global Minds member this would be a great opportunity to connect with other cultures. This SPARK is designed to show newcomers learning English (EAL students) around the city of Fredericton. There is so much to explore and learn outdoors! Each week, we will walk from George Street Middle School to new locations, such as Carleton Park, the Fredericton Public Library, Queen Square, and more. Each week we will play new yard games and do different activities. Activities including scavenger hunts, jump rope, ring toss and more. Please dress appropriately for the weather (jacket, comfortable shoes for walking, hat, etc.) and please bring a water bottle. This is a great opportunity to explore the city of Fredericton.

Cost: \$0

Location: Downtown (walking)

5. **Archery** – This is an introduction to the sport of archery. Students will learn the proper techniques and form from experienced archers. Students will get practice time and may even play in some friendly competitions among their peers.

Cost: \$35

Location: Archery Center – Industrial Centre (by bus)

6. **Chess** - Do you like strategic games? If so, this SPARK is for you! Chess is an ancient strategy game that is still popular today. In this SPARK, you will learn about the pieces and how they move and also about basic strategies to help you play well. We will also have a little tournament between participants.

Cost: \$0

Location: School

7. **Swimming** – Students will be bused to the Fredericton Indoor Pool where they will have fun swimming with friends. Please note that swimming lessons are not provided, so previous swimming experience is necessary or the use of a life jacket will be recommended.

Cost: \$6

Location: Fredericton Indoor Pool (by bus)

8. **Calling All Swifties** - Join us for everything Taylor Swift - music, games, crafts and more! Make a one-of-a-kind t-shirt, create a themed journal, string awesome friendship bracelets, compete in a

favourite song showdown and so much more. Hang out with fellow Swifties and embrace your Crafty Era with us.

Cost: \$32

Location: School

9. **Snack n' Paint** – No experience painting? That's no problem at all. You will be painting right along with artist, Andrea Parent Milley in a "follow the leader" type approach to creating your very own masterpieces. Each week you will go home with a completed piece of art to hang on your wall.

Cost: \$28

Location: School

10. **Clay Café** - Students will get to select their two choices of ceramic pieces to paint. At the end of the four weeks, pieces will be glazed and sent back to the school for the students to take home. (All supplies are provided by Clay Café for the price)

Cost: \$28

Location: Clay Café (walking)

11. **Downtown Skatepark Adventure** – Join us for an adrenaline-packed adventure at Fredericton's downtown skate park! Get ready to showcase your skills and experience the excitement of skateboarding, longboarding, scootering, or BMX biking with friends! Students will need to bring their own helmets and wheels for this thrilling excursion. **Reminder: it is a school trip and safe & respectful riding is expected in order to participate. Helmets mandatory

Cost: \$0

Location: Downtown Skatepark

12. **Beach Volleyball** – Soak in the warmer spring weather with some outdoor fun playing a friendly game of volleyball! This SPARK is for students of all skill levels. Athletic clothing is required.

Cost: \$6

Location: TBD based on which location is ready (by bus)

13. **Pokémon Competitive Team Building for Ranked Battles & Online Competitions**- Would you like to learn how to plan and create the most powerful Pokémon team for online ranked battle and competitive play? Then this SPARK is for you! Learn about team strategies, EV and IV training, useful tools and more. Planning will take place in Ipads, but in order to take full advantage of the SPARK, students would benefit from bringing their own handheld Switch (to be locked during school day for safety).

Cost: \$0

Location: School, Downtown walking

14. **Soccer on the Green** - Students in this SPARK will walk to Morel Park and play a fun game of soccer. Students of all skill levels welcome. All you need is a water bottle, comfortable clothing and proper sneakers. Cleats are optional.

Cost: \$0

Location: Morel Park

15. **Games Unplugged** - Board game lovers unite?! If you love playing board games and discovering new ones, this SPARK is for you! We will be spending four mornings at Games Unplugged downtown playing their huge selection of games. They have over 500 games of all genres and skill levels. Bring your friends and competitive spirit, it's time to put away those phones....it's board game time!

Cost: \$25

Location: Games Unplugged Boardgame Café

16. **Project LIT** – Project LIT is an opportunity for students to read, discuss and celebrate books that inspire us to make a difference. We will spend time in our school library and visit Westminster Bookstore. Come read with us!

Cost: \$0

Location: School

17. **Bowling @ Kingswood** - Have some fun bowling with your classmates! No experience necessary. The group will travel by bus to Kingswood for four sessions. Students will be placed into smaller groups per lane. **Socks are required. Shoes will be rented and required on the lanes.

Cost: \$24

Location: Kingswood Entertainment Centre (by bus)

18. **Wəlastəkwey Language & Culture-** Are you looking to learn more about the wonderful Wəlastəkwey language & culture? All students are welcome as we learn through songs, videos, games, group discussion/sharing, presentations, and crafts. If you are looking to learn more about the beautiful Indigenous Culture, this is the SPARK for you. Everyone welcome!

Cost: \$0

Location: School

19. **Biking – Hammer Squad -** Do you like to ride your bike... **fast**? Are you ready for a challenge on two wheels? We will be riding the trails in and around Fredericton at a fast pace and looking to get faster over the 4 weeks of Spark, focusing on skills of cadence, gearing, drafting and working together. Ready to take on the big leagues? Come ready to make your heart pump – this isn't a leisurely ride, this is pushing the pace (safely)! This is your time to drop the hammer! If you don't have a bike and/ or helmet, please INDICATE ON YOUR SHEET!

Cost: \$0

Location: Downtown Trails

20. **Biking – Nice and Easy** - Looking to explore the trails in our lovely valley? Join this easy paced ride, see the sights and enjoy each other's company as spring blooms! Please be able to ride steady for about 45 minutes. Lessons aren't provided, so you should have basic biking skills. If you don't have a bike and/ or helmet, please INDICATE ON YOUR SHEET!

Cost: \$0

Location: Downtown Trails

21. **Good Guys Mini Golf** – Good Guys Golf is a nine hole indoor minigolf park. There are also table top games to play with friends while taking a break. Come check out this terrific location and play a few rounds of mini golf with your friends. No experience necessary.

Cost: \$28

Location: Good Guys Golf (by bus)

22. **Sports @ Wilmot-** We will walk to Wilmot Park to enjoy playing basketball and tennis out in the fresh air. Wear comfortable shoes and bring a water bottle.

Cost: \$0

Location: Wilmot Park (by bus)

23. **Walk the Trails** – Students who simply want to get outside and enjoy the warmer spring weather, while taking a leisurely walk with friends, will enjoy this SPARK. Join us for a nice walk as we stroll the downtown area trails and enjoy slowing down and taking in the outdoors. Proper footwear required.

Cost: \$0

Location: Downtown Trails

24. **Sports @ Queen Square** – Students will walk to Queen Square to play a different game each week. Student will engage in friendly competition playing the following sports: Week 1 – soccer, Week 2 – Cricket, Week 3 – Capture the Flag, Week 4 – Soccer Baseball. All skill levels welcome. Proper clothing and sneakers required.

Cost: \$0

Location: Queen Square

25. **Tennis @ Abony** - Students will travel by bus to the Abony Family Tennis Centre. Whether you are an experienced player or you simply want to try tennis for the first time, this is guaranteed to be a fun time! You will learn the basic fundamentals of how to play tennis, the rules of the game and play mini matches. **You will need indoor, non-marking sneakers and a water bottle, but you do not need your own racquet.

Cost: \$25

Location: Abony Tennis Centre (by bus)