



## Fall SPARK Booklet 2024

Dates: Oct. 4, 11, 18, 25 Rain date: Nov. 1



Please rank your top 5 choices beginning with your first choice as number 1.

1. **Lego** – Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions than the LEGO SPARK may be for you.

Cost: \$5

Location: GSMS, Room 310

2. **Bouldering** - Want to learn how to rock climb? Come climb at the Fredericton Bouldering Coop! This rock-climbing SPARK offers 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes of climbing practice on their indoor bouldering walls. Students will be bused to the facility and back to the school for 3 weeks. For one week, students will participate in climbing related activities in or around the school. Rental shoes are included in the cost. Students must have their online waiver signed prior to participating (<https://www.fbcwall.com/waivers>).

Cost: \$25

Location: Fredericton Bouldering Co-op (by bus)

3. **Intro to Martial Arts** - Looking to get into martial arts? Not sure what would suit you? Atlantic Martial Arts Academy is offering a beginner 4-week course to GSMS Students. You will be learning the art of Taekwondo and Hapkido, as well as the sport Kickboxing. Come have a great time! Let experience be your teacher! Learn from 3rd generation Master Instructor Steven Ross.

Cost: \$28

Location: Atlantic Martial Arts Academy (by bus)

4. **Adventure Biking Vikings**- Adventure Biking Vikings Are you into exploration on your bike? Do you love the idea of getting off trail and trying something new and challenging on two wheels? Then this is the spark for you! The Biking Vikings is for kids who have their own mountain/ trail bike and who would like to travel into some gnarly parts of the city. Starting with checking out

George Street Middle School

some ATV/ backroad trails and then moving onto the singletrack of Odell, this is going to be one wild, four week adventure! **\*\*Own mountain bike and helmet required.**

Cost: \$0

Location: Trails in O'Dell Park

5. **Archery** – This is an introduction to the sport of archery. Students will learn the proper techniques and form from experienced archers. Students will get practice time and may even play in some friendly competitions among their peers.

Cost: \$35

Location: Archery Center – Industrial Centre (by bus)

6. **Beauty Squad** - In our exciting activity group, we dive into the world of beauty and self-expression. From mastering trendy hairstyles to perfecting unique nail art, we'll explore a variety of skills and techniques. Each session, we'll learn how to create stunning looks, experiment with new styles, and develop our personal flair. Whether you're interested in braiding, updos, nail designs, or simply discovering new beauty tips, Beauty Squad is the perfect place to get creative and have fun while boosting your confidence and style. Join us and transform your passion into fabulous skills!

Cost: \$15

Location: GSMS, A13

7. **Swimming** – Students will be bused to the Fredericton Indoor Pool where they will have fun swimming with friends. Please note that swimming lessons are not provided, so previous swimming experience is necessary or the use of a life jacket will be recommended.

Cost: \$6

Location: Fredericton Indoor Pool (by bus)

8. **Calling All Swifties** - Join us for everything Taylor Swift - music, games, crafts and more! Make a one-of-a-kind t-shirt, create a themed journal, string awesome friendship bracelets, compete in a favourite song showdown and so much more. Hang out with fellow Swifties and embrace your Crafty Era with us.

Cost: \$30

Location: GSMS, A14

9. **Snack n' Paint** – No experience painting? That's no problem at all. You will be painting right along with artist, Andrea Parent Milley in a "follow the leader" type approach to creating your very own masterpieces. Each week you will go home with a completed piece of art to hang on your wall.

Cost: \$28

Location: GSMS, Art Room

10. **Clay Café** - Students will get to select their two choices of ceramic pieces to paint. At the end of the four weeks, pieces will be glazed and sent back to the school for the students to take home. (All supplies are provided by Clay Café for the price)

Cost: \$28

Location: Clay Café (walking)

11. **Babysitting Course** – Want to start babysitting? Love helping out with kids? Then this course is for you! TM CERT offers the BEST! (Babysitter's Emergency and Safety Training course! Only thing you need to bring is a doll or a teddy bear (about the size of an American Girl doll) to be your "baby" for the course. Students will receive a certificate through email upon successful completion of the course!

Cost: \$40

Location: GSMS, Room 213

12. **Beach Volleyball** – Soak in the fall weather with some outdoor fun playing a friendly game of volleyball! This SPARK is for students of all skill levels. Athletic clothing and proper footwear is required.

Cost: \$5

Location: Willie O'Ree outdoor courts (by bus)

13. **Pokémon Go**- Join us for a fun and interactive SPARK activity centered around Pokémon Go! We'll be exploring downtown Fredericton while playing the game, catching Pokémon, and visiting PokéStops along the way. To participate, students must have a cellphone with the Pokémon Go app installed and a mobile data plan to play while we are out. Comfortable walking shoes are recommended as we'll be on our feet exploring downtown.

Cost: \$0

Location: Downtown (walking)

14. **Soccer Baseball** - Students in this SPARK will walk to Queen Square and play a fun game of soccer baseball. Students of all skill levels welcome. All you need is a water bottle, comfortable clothing and proper sneakers. \*Please note this is not regular soccer

Cost: \$0

Location: Queen Square (walking)

15. **Games Unplugged** - Board game lovers unite?! If you love playing board games and discovering new ones, this SPARK is for you! We will be spending four mornings at Games Unplugged downtown playing their huge selection of games. They have over 500 games of all genres and skill levels. Bring your friends and competitive spirit, it's time to put away those phones....it's board game time!

Cost: \$25

Location: Games Unplugged Boardgame Café (walking)

16. **Chess** – If you are someone who enjoys playing chess, or you want more experience playing the game, come join this spark. Students will play friendly games of chess with their peers. It will also be great practice if you are signing up for the yearly chess tournament!

Cost: \$0

Location: GSMS, Room 312

17. **Bowling @ Kingswood** - Have some fun bowling with your classmates! No experience necessary. The group will travel by bus to Kingswood for four sessions. Students will be placed into smaller groups per lane. \*\*Socks are required. Shoes will be rented and required on the lanes.

Cost: \$24

Location: Kingswood Entertainment Centre (by bus)

18. **Design, Print, Play: 3D Fidget Makers**- 3D Fidget Makers introduces middle school students to 3D design and printing, allowing them to create custom fidget toys. Through hands-on learning, students explore 3D modeling, mechanics, and STEM concepts while designing and printing their own unique toys to enhance focus and creativity for our own GSMS community.

Cost: \$0

Location: Tech Room 114

19. **Biking – Nice and Easy** - Looking to explore the trails in our lovely valley? Join this easy paced ride, see the sights and enjoy each other's company as spring blooms! Please be able to ride

steady for about 45 minutes. Lessons aren't provided, so you should have basic biking skills. If you don't have a bike and/ or helmet, please INDICATE ON YOUR SHEET!

Cost: \$0

Location: Downtown Trails

20. **Good Guys Mini Golf** – Good Guys Golf is a nine hole indoor minigolf park. There are also table top games to play with friends while taking a break. Come check out this terrific location and play a few rounds of mini golf with your friends. No experience necessary.

Cost: \$28

Location: Good Guys Golf (by bus)

21. **Improv Drama Games**- Do you like getting creative and silly with drama? In this SPARK we will play games with movement, weird noises, and funny drama scenes! Being comfortable with English will make some games easier, but everyone is welcome. No experience is needed!

Cost: \$0

Location: GSMS, A11

22. **Walk the Trails** – Join us for an outdoor adventure walking the trails of downtown Fredericton! Explore nature, get some fresh air, and enjoy the beauty of our local surroundings as we hike scenic trails. Whether you're looking to relax, connect with friends, or get some exercise, this activity is perfect for all fitness levels. It's a fun way to unwind, clear your mind, and discover hidden gems in nature.

Cost: \$0

Location: Downtown Trails

23. **Learn Sign Language**– SPARK description Unlock a New Way to Communicate! Have you ever wanted to express yourself without saying a word? Join us for an exciting journey into the world of American Sign Language, where communication goes beyond speech. The sessions are all about discovering how powerful and creative non-verbal interaction can be. ASL is not just a skill—it's a way to connect with others, challenge yourself, and explore a whole new perspective on language. Curious? Come see how learning ASL can open doors and expand your world in ways you never imagined!

Cost: \$22

Location: GSMS, Room 109

24. **Tennis @ Abony** - Students will travel by bus to the Abony Family Tennis Centre. Whether you are an experienced player or you simply want to try tennis for the first time, this is guaranteed to be a fun time! You will learn the basic fundamentals of how to play tennis, the rules of the game and play mini matches. \*\*You will need indoor, non-marking sneakers and a water bottle, but you do not need your own racquet.

Cost: \$25

Location: Abony Tennis Centre (by bus)

25. **Fencing** - Learn the exciting sport of Olympic fencing! An introduction to the sport with games, footwork & plenty of fencing, ending with a team competition. Please dress comfortably in track pants and non-marking sneakers and bring a water bottle.

Cost: \$25

Location: 512 George Street (walking)

26. **Paint and Plant-** Pot painting and plant potting - Join us for an exciting and educational Paint & Plant Workshop! This hands-on activity combines creativity with nature, offering a unique opportunity for students to express their artistic talents while learning about gardening. Students will start by painting their own plant pots, and once they are decorated, we will move on to the planting. Students will learn how to plant seeds properly with step-by-step instructions and will learn tips and tricks about soil preparation, placement of seeds and how to care for their plants as they grow. This workshop is a fantastic way for students to combine art and science!

Cost: \$5

Location: Science Lab/Outdoor Strip

27. **Core Dance Collective** - Are you ready to groove, bust a move, have a blast and learn from the best?! If so, welcome to Core Dance Collective SPARK! We will walk to Charlotte Street Arts Center to learn from trained and experienced instructors in their Dance studio. Whether you have experience with dance or not, you are welcome to join! The only criteria: be ready to learn, have fun and bust some moves (if you sign up for this SPARK, you will be dancing 😊). We will start week 1 with Hip-Hop and potentially explore some other styles during weeks 2, 3, 4. You will need indoor sneakers and comfortable active wear!

Cost: \$0

Location: Dance Studio (walking)

28. **String Art** - Discover the mesmerizing world of string art! In this hands-on activity, you'll transform simple materials into stunning designs. No experience necessary – just bring your enthusiasm and prepare to be amazed by what you can create with string! Please note: week 2 we will be learning how to make braided friendship bracelets.

Cost: \$25

Location: GSMS, Room 205

29. **Global Minds Leadership** - Are you a grade 7 or 8 student who was a part of Global Minds last year? Are you interested in planning activities for our club this year? If you answered yes to both questions, this is the SPARK for you! Together, we will create our yearly calendar, decide which celebrations and festivals to highlight, develop fundraising ideas, look at merchandise options and potential service projects. Global Minds aims to celebrate the cultural and linguistic diversity of GSMS. As a leadership team, we will seek ways to offer new, educational, and fun opportunities throughout the school year!

Cost: \$0

Location: GSMS, A32

30. **EAL Friendship SPARK** - Are you new to Canada? هل أنت جديد في كندا؟ Bạn mới đến Canada phải không? آیا تازه وارد کانادا شده اید؟ 您是剛來加拿大嗎？ Вы недавно в Канаде? ¿Eres nuevo en Canadá? Você é novo no Canadá? Join us as we visit places around Fredericton! We will play games in two different parks, tour the downtown library and visit the beautiful Beaverbrook Art Gallery. Everyone is welcome! We encourage members of our Global Minds club to join and connect with our newcomers, make friends, and help share our communities' local favourite spots downtown! Please bring comfortable walking shoes, a water bottle and a hat.

Cost: \$5

Location: EAL Room, Grade 8 Floor (walking outside)

31. **YMCA Power Up** - JOIN YMCA's POWER UP for your SPARK experience! Power Up is a program intended to expose youth to different leadership styles, confidence building techniques and new activities and games that fall outside of the typical sport and recreation options offered during most gym physical ed and after school programs. Activities featured will be: camp games, trail running, disc golf, pickle ball, along with many other team building challenges and problem-solving initiatives, including STEM workshops (hosted by Science East) and more!

If you are interested in fun beyond the typical borders in which it is defined, YMCA POWER UP SPARK IS FOR YOU! This SPARK will take place at the school; however, there will be a field trip by bus one week to a local park.

Cost: \$0

Location: GSMS, A23

32. **Skating** - Sharpen your skating skills at the Lady Beaverbrook Arena! Students will need to bring their own helmet and skates and dress for being in a cold arena for over an hour. There will be no formal skating instruction. No prior experience is required, but an enjoyment of skating, a willingness to try hard and help others, and a positive attitude will make this SPARK a great experience. Beginner and experienced skaters welcome. Kneepads (any kind) recommended for beginner skaters in addition to helmet and skates. \*Helmets required. No hockey sticks or equipment permitted.

Cost: \$5

Location: Lady Beaverbrook (by bus)

33. **Wavy & Curly Hair Care 101!** - Do you have frizzy hair that gets puffy when it's humid? You might have wavy or curly hair and just need a little help to learn how to manage it! Join our class to discover how to make your curls and waves look their best. A professional hairstylist, Krista Leavitt - Curl Specialist, who knows all about wavy and curly hair will teach you how to wash, condition, style and dry your hair so it stays nice for days. We'll also talk about the best products for different hair types and how to keep your hair looking great between washes. Come and find out how to make the most of your natural curls and waves!

Cost: \$0

Location: GSMS, Room 212

34. **Par 94 Golf Simulator** - All abilities are welcome to try out downtown's indoor golf simulator! No equipment or experience required- just some indoor sneakers and a good attitude. Students will have the opportunity to try their hand at golf regardless of ability. Come find out what it's all about!!!

Cost: \$27

Location: Par 94 (walking)