



Fall SPARK Booklet 2025

Dates: Oct. 3, 10, 17, 24 Rain date: Oct. 31



Please rank your top 5 choices beginning with your first choice as number 1.

1. **Lego** – Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions then the LEGO SPARK may be for you.

Cost: \$6

Location: GSMS, Room 213

2. **Magnet Master Builders** - Join us for four fun-filled sessions of hands-on building with magnet tiles! Students will work in teams to tackle creative challenges like tower building, bridge engineering, marble mazes, and designing a mini city. It's a great way to explore STEM skills through teamwork, imagination, and play.

Cost: \$6

Location: GSMS, Room 202

3. **Intro to Martial Arts** - Looking to get into martial arts? Not sure what would suit you? Atlantic Martial Arts Academy is offering a beginner 4-week course to GSMS Students. You will be learning the art of Taekwondo and Hapkido, as well as the sport Kickboxing. Come have a great time! Let experience be your teacher! Learn from 3rd generation Master Instructor Steven Ross.

Cost: \$28

Location: Atlantic Martial Arts Academy (by bus)

4. **Self-Care Studio** - A fun way to teach any student about self-care. This SPARK will be at Mane Institute Cosmetology School. Students will have different themes each week that involve hair techniques and styling, nail and skin care. We encourage all genders. If anyone is required privacy to have their hair shown, we will have a space with privacy and female only stylists.

Cost: \$20

Location: Mane Institute Cosmetology School (walking)

George Street Middle School

5. **LaunchPad Sports** - Try baseball, softball, and cricket over four fun weeks at Launchpad Sports! Each week you'll rotate through stations, test different bats and swings. With their hitting simulators you will get to see how fast and how far you can hit, try throwing targets with a radar gun, play quick games with friends, and finish with a friendly Home Run Derby. No experience needed, equipment provided if you don't have your own.

Cost: \$34

Location: LaunchPad Sports Facility (by bus)

6. **Swimming** – Students will be bused to the Fredericton Indoor Pool where they will have fun swimming with friends. Please note that swimming lessons are not provided, so previous swimming experience is necessary, or the use of a life jacket will be recommended.

Cost: \$6

Location: Fredericton Indoor Pool (by bus)

7. **Dungeons & Dragons: Beginner's Quest**- Step into the world of Dungeons & Dragons, a storytelling game where you become a the epic hero! In this one-session adventure, you'll team up with classmates to solve puzzles, battle goblins, and make choices that shape the story. No experience is needed — everything will be explained, and all materials (character sheets, dice, and maps) will be provided. Just bring your imagination!

Cost: \$0

Location: GSMS, A11

8. **Snack n' Paint** – No experience painting? That's no problem at all. You will be painting right along with artist, Andrea Parent Milley in a "follow the leader" type approach to creating your very own masterpieces. Each week you will go home with a completed piece of art to hang on your wall. Bring your snacks and follow along!

Cost: \$28

Location: GSMS, Art Room

9. **Clay Café** - Students will get to select their two choices of ceramic pieces to paint. At the end of the four weeks, pieces will be glazed and sent back to the school for the students to take home. (All supplies are provided by Clay Café for the price)

Cost: \$28

Location: Clay Café (walking)

10. **YMCA Basketball Skills & Drills** – We're playing basketball! This opportunity is for students looking to play basketball at a non-competitive level or that are newer to developing their skills. Students will engage in basic basketball drills (dribbling, shooting, passing, defense) run by instructors from the YMCA and will be topping off each session with a game! No experience necessary.

Cost: \$15

Location: GSMS, Gym

11. **Beach Volleyball** – Soak in the fall weather with some outdoor fun playing a friendly game of volleyball! This SPARK is for students of all skill levels. Athletic clothing and proper footwear are required.

Cost: \$6

Location: Willie O'Ree outdoor courts (by bus)

12. **Pokémon Go**- Join us for a fun and interactive SPARK activity centered around Pokémon Go! We'll be exploring downtown Fredericton while playing the game, catching Pokémon, and visiting PokéStops along the way. To participate, students must have a cellphone with the Pokémon Go app installed and a mobile data plan to play while we are out. Comfortable walking shoes are recommended as we'll be on our feet exploring downtown.

Cost: \$0

Location: Downtown (walking)

13. **Soccer Baseball** - Do you love soccer AND baseball? If so, soccer baseball SPARK might be for you. We will be walking to Queen Square to play a fast-paced, high-energy activity that's all about teamwork, strategy, and having fun with friends. No special skills are needed—be sure to bring your energy, sportsmanship, and a willingness to play! Please have a water bottle, comfortable clothing and proper sneakers. *Please note this is not regular soccer.

Cost: \$0

Location: Queen Square (walking)

14. **Games Unplugged** - Board game lovers unite?! If you love playing board games and discovering new ones, this SPARK is for you! We will be spending four mornings at Games Unplugged downtown playing their huge selection of games. They have over 500 games of all genres and

skill levels. Bring your friends and competitive spirit, it's time to put away those phones....it's board game time!

Cost: \$25

Location: Games Unplugged Boardgame Café (walking)

15. **Chess** – If you are someone who enjoys playing chess, come join this spark. Students will play friendly games of chess with their peers. It will also be great practice if you are signing up for the yearly chess tournament! Where no specific instruction is provided, knowledge of the game is required.

Cost: \$0

Location: GSMS, Room A22

16. **Bowling @ Kingswood** - Have some fun bowling with your classmates! No experience necessary. The group will travel by bus to Kingswood for four sessions. Students will be placed into smaller groups per lane. **Socks are required. Shoes will be rented and required on the lanes.

Cost: \$25

Location: Kingswood Entertainment Centre (by bus)

17. **Kingswood Golf-** Would you like to learn more about playing golf? During this SPARK, you will learn about the fundamentals of the golf game at the beautiful Kingswood Golf Course. Skills such as weight transfers, balance, swinging the golf club and putting. The fee includes four golf lessons by a PGA Pro and transportation. If students have their own equipment, they can drop off their golf bag each Thursday evening since clubs aren't permitted on the bus.

Cost: \$20

Location: Kingswood Golf Course (by bus)

18. **Biking – Nice and Easy** - Looking to explore the trails in our lovely valley? Join this easy paced ride, see the sights and enjoy each other's company in the fall air! Participants must be able to keep up with the supervisor, ride steadily for about 45 minutes, and listen to directions when given. Lessons aren't provided, so you should have basic biking skills. If you don't have a bike and/or helmet, please INDICATE ON YOUR SHEET!

Cost: \$0

Location: City Trails

19. **Good Guys Mini Golf** – Good Guys Golf is a nine hole indoor minigolf park. There are also table top games to play with friends while taking a break. Come check out this terrific location and play a few rounds of mini golf with your friends. No experience necessary.

Cost: \$28

Location: Good Guys Golf (by bus)

20. **Ultimate Frisbee** - Join us for a fun and energetic Ultimate Frisbee session designed for all skill levels! We'll start by learning the basic rules of the game, including how to score, the flow of play, and the importance of teamwork and the "Spirit of the Game." Next, we'll practice fundamental throwing and catching techniques, focusing on the backhand, forehand (flick), and proper catching methods like the pancake and two-handed catch. To get our bodies ready, we'll begin with a warm-up drill that includes light jogging, dynamic stretching, and simple disc-handling movements to build coordination and responsiveness. We'll finish the session with a scrimmage, where participants can apply what they've learned in a friendly, game-like environment. Ultimate Frisbee is a non-contact sport, and fair play is a key part of the experience.

Cost: \$0

Location: Queen Square (walking)

21. **Walk the Trails** – Join us for an outdoor adventure walking the trails of downtown Fredericton! Explore nature, get some fresh air, and enjoy the beauty of our local surroundings as we hike scenic trails. Whether you're looking to relax, connect with friends, or get some exercise, this activity is perfect for all fitness levels. It's a fun way to unwind, clear your mind, and discover hidden gems in nature.

Cost: \$0

Location: Downtown Trails

22. **Zen Zone** – End your week with some calm and care. We'll follow along with a YouTube yoga session, try a relaxing yoga nidra (guided meditation practice), and finish with gratitude journaling. No cost, no experience needed—just a chance to stretch, relax, and recharge.

Cost: \$0

Location: GSMS, Room 109

23. **Tennis @ Abony** - Students will travel by bus to the Abony Family Tennis Centre. Whether you are an experienced player or you simply want to try tennis for the first time, this is guaranteed to be a fun time! You will learn the basic fundamentals of how to play tennis, the rules of the game and play mini matches. **You will need indoor, non-marking sneakers and a water bottle, but you do not need your own racquet.

Cost: \$25

Location: Abony Tennis Centre (by bus)

24. **Yearbook – Snap & Design** - Love taking photos? Want to make eye-catching designs? Join us to learn basic photography tips and Canva design skills that will make your pictures pop and your layouts shine. Perfect for anyone on the yearbook committee or those looking to level up their creative skills. No experience needed, just your curiosity!

Cost: \$0

Location: GSMS, Room 205

25. **Clay Animation Workshop** - In this hands-on activity, students explore the art of clay animation by creating their own short stop-motion films. Working in small groups, they design characters and sets using modeling clay, then bring their stories to life frame by frame using cameras and a stop-motion animation app. Along the way, students learn about storytelling, teamwork, and the basics of stop motion productions—all while having fun and letting their creativity shine.

Cost: \$15

Location: GSMS, Room 313

26. **Core Dance Collective** - Learn trending moves with Core Dance Collective's expert instructors. No experience needed. Bring your indoor sneakers and a positive attitude! We will meet in room 306 and walk to the dance studio at Charlotte Streets Art Centre!

Cost: \$25

Location: Dance Studio (walking)

27. **Journey Fitness** - Come and join us for a brand new SPARK at Journey Fitness Studio. In this SPARK, students will complete circuit training, teamwork drills and mind-body challenges. We will focus on growing a positive mindset, building both physical and mental strength. Weight training, rebound boots and mini trampolines will all be part of this exciting fitness SPARK.

Participants will need to bring indoor shoes, comfortable clothing, tall socks (for rebound boots) and a water bottle.

Cost: \$30

Location: Journey Fitness Studio (by bus)

28. **Global Minds Leadership** - Are you a grade 7 or 8 student who was part of Global Minds last year? Are you interested in planning activities for our club this year? If you answered yes to both questions, this is the SPARK for you! Global Minds aims to celebrate the cultural and linguistic diversity of GSMS. Together, we will create our yearly calendar, decide which celebrations and festivals to highlight, develop fundraising ideas, look at merchandise options and potential service projects. Join us as we seek ways to offer new, educational, and fun opportunities throughout the school year.

Cost: \$0

Location: GSMS, Room A32

29. **Jewelry-Making and More!** - Make it. Wear it. Love it. 💎 Ready to shine? During this SPARK, you'll design and create a variety of amazing projects: *Macramé bracelets and keychains, *Memory wire bracelets, necklaces, and earrings (for pierced and non-pierced ears!) * Diamond dots keychains and stickers and * Stretchy friendship bracelets You'll learn fun techniques with a large variety of beads, wire, hemp, and dazzling diamond art to craft pieces that sparkle with your own style. Walk away with unique, one-of-a-kind creations you'll be proud to wear, show off, or give as gifts! Let your creativity run wild! No experience necessary.

Cost: \$25

Location: GSMS, Room A14

30. **Sports @ Wilmot** - Join this SPARK if you like being outdoors and playing sports. We will walk to Wilmot to play tennis and basketball or just enjoy the park. We have some basketballs, football, and a few tennis rackets to share. Please bring a tennis racket or other sports equipment you would like to play, if you have one. Be sure to bring a water bottle and comfortable shoes and clothing.

Cost: \$5

Location: Wilmot Park (by bus)

31. **Diamond Art** - Join the fun with diamond art! It's like painting, but with shiny, colorful gems. Create amazing designs by sticking sparkling "diamonds" onto a canvas, piece by piece. It's easy,

relaxing, and super satisfying to see your artwork come to life, plus there's a design for everyone. Your dazzling masterpiece can then be shown off or gifted to someone special. Come shine bright at diamond art SPARK!

Cost: \$15

Location: GSMS, Room A24

32. **Baking SPARK** - Would you like to improve your baking skills? During this SPARK, you will have the chance to make (and eat) the following baked goods: - Ginger sugar cookies - Raspberry lemon muffins - Biscuits – Bread! We will be working quickly to cook everything before SPARK is over! Students should be able to follow instructions and work safely and effectively with peers. Our bread dough will be refrigerated to be cooked at home, so students should also have access to an oven at home (to be used with parental supervision). Note: Recipes include gluten, dairy and eggs. Ingredients used are considered halal but are not necessarily labeled/certified halal. Fee includes ingredients, a muffin tin and a bread tin that students will take home. Bring a sketchbook, a book, or other calm and portable activity to use while waiting for our culinary creations to cook.

Cost: \$20

Location: Brunswick Street Baptist Church Kitchen (walking)

33. **The Dragonets' Den Book Club** - Do you love adventure, mystery, and dragons? In this club, we'll read the Wings of Fire series together and talk about our favorite characters, dragon groups, and plot twists. Each meeting, we'll explore the world of Pyrrhia, share predictions, and imagine what it would be like to be a dragonet of destiny. Whether you're loyal like a MudWing, fierce like a SkyWing, or clever like a NightWing, you'll find a place here.

Cost: \$0

Location: GSMS, Room A11

34. **Trading Card Games** - Magic the Gathering, Pokemon, Yugioh, whatever your favorite is, come join this SPARK for a chance to play whatever your favorite format is! New and experienced players welcome! All materials can be provided but you are welcome to bring your own cards!

Cost: \$0

Location: GSMS, Room 201

35. **Minecraft Challenge** - 🎮 Get ready to build, battle, and blow us away in SPARK Club's Minecraft Challenge! Over 4 epic Fridays, you'll face thrilling themed build-offs, collaborate with fellow

crafters, and compete for daily prizes. Whether you're designing dream bases, crafting magical realms, or surviving wild biomes, your creativity is the limit. Don't just play Minecraft—become a legend in it! Spots are limited, so sign up fast!

Cost: \$0

Location: GSMS Tech Room, Computer Labs