



## Winter SPARK Booklet 2026

Dates: Jan. 30 Feb. 6, 13, 20 Weather date: Feb. 27



Please select your top 5 choices:

1. **Self-Care Studio** - A fun way to teach any student about self-care. This SPARK will be at Mane Institute Cosmetology School. Students will have different themes each week that involve hair techniques and styling, nail and skin care. We encourage all genders. If anyone is required privacy to have their hair shown, we will have a space with privacy and female only stylists.

Cost: \$20

Location: Mane Institute Cosmetology School (walking)

2. **Bouldering** - Want to learn how to rock climb? Come climb at the Fredericton Bouldering Coop! This rock-climbing SPARK offers 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes of climbing practice on their indoor bouldering walls for 3 weeks (4th week activity TBD depending on weather). Students will be bused to the facility and back to the school. Rental shoes are included in the cost. Students must have their online waiver signed prior to participating (<https://www.fbcwall.com/waivers>).

Cost: \$20

Location: Fredericton Bouldering Co-op (by bus)

3. **Magnet Master Builders** - Join us for four fun-filled sessions of hands-on building with magnet tiles! Students will work in teams to tackle creative challenges like tower building, bridge engineering, marble mazes, and designing a mini city. It's a great way to explore STEM skills through teamwork, imagination, and play.

Cost: \$6

Location: GSMS, Room 202

4. **Skating** - For skating SPARK we will be walking from the school to the skating rink at Officers' square (downtown Fredericton). Students will need to bring their own skates, as well as a helmet

George Street Middle School

(mandatory) for skating. Pucks and sticks are not permitted on the outdoor rink. All ability levels are welcome, come learn to skate, or practice your skating skills, and enjoy some time outside! Please dress for the weather, bring your gloves, hats and coats!

Cost: \$0

Location: Officers' Square Outdoor Rink (walking)

5. **New Brunswick College of Craft and Design** - Are you creative or interested in the arts? We have partnered with the New Brunswick College of Craft and Design for a unique and hands-on SPARK! Students will participate in a different workshop each week: Week 1: CLAY (Hand building, Sgraffito tiles) Week 2: Textiles (Weaving, tassel making, stations) Week 3: Film Production (script writing, storyboarding, acting, videography, editing) Week 4: NBCCD Campus tour (walking there) and workshop, attend a world premiere of the film made in week 3.

Cost: \$0

Location: School, 109

6. **Swimming** – Students will be bused to the Fredericton Indoor Pool where they will have fun swimming with friends. Please note that swimming lessons are not provided, so previous swimming experience is necessary or the use of a life jacket will be recommended.

Cost: \$5

Location: Fredericton Indoor Pool (by bus)

7. **Plastics Inc.** - Welcome to Plastics Inc., where students become designers, engineers, and problem-solvers. In this hands-on Spark, students will collect plastic waste from our school, shred it, melt it down, and repurpose it using real maker equipment like injection molds, a plastics shredder, and the laser cutter. Working together as a design team, we'll investigate real problems around our school and create smart, useful solutions made entirely from recycled school plastic. Expect creative thinking, experimentation, teamwork, and the satisfaction of turning waste into designs that make our school a better place.

Cost: \$0

Location: School, Brilliant Labs

8. **Learn to Knit** – The 21st century has seen a resurgence of knitting! All the cool people are knitting these days! Learn the basic garter (knit) stitch and knit your very own scarf (or gift it to a friend).

Knitting needles (6mm) and yarn (4oz) are covered in the fee, but you are welcome to bring your own if you prefer.

Cost: \$10 Location: School, A22

9. **Clay Café** - Students will get to select 1 larger and 2 small ceramic pieces to paint. At the end of the four weeks, pieces will be glazed and sent back to the school for the students to take home. (All supplies are provided by Clay Café for the price.)

Cost: \$28 Location: Clay Café

10. Dungeons & Dragons – Fighting monsters and swinging swords! Casting spells, working as a team, exploring dark and uncharted worlds! Dungeons & Dragons spark is open to players of all levels! No experience necessary, just a desire to go on an adventure!

Cost: \$0 Location: School, Room 210

11. Lego Creations – Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions than the LEGO SPARK may be for you.

Cost: \$5 Location: School, Room 306

12. **Snack N' Paint** - No experience painting? That's no problem at all. You will be painting right along with artist, Andrea Parent Milley in a "follow the leader" type approach to creating your very own masterpieces. Each week you will go home with a completed piece of art to hang on your wall.

Cost: \$28 Location: School, Art Room

13. Jewelry-Making - Unleash your creativity & design your own dazzling jewelry in Jewelry Making SPARK! Dive into the world of jewelry design and create stunning earrings, bracelets, and necklaces using memory wire, hemp, and an exciting mix of super cool beads and materials. You will learn fun techniques to craft one-of-a-kind pieces that reflect your style and make you stand

out. Let your creativity run wild and be ready to shine with handmade jewelry you will be proud to wear. No experience necessary.

Cost: \$25

Location: School, A14

14. **Games Unplugged** - Board game lovers unite?! If you love playing board games and discovering new ones, this SPARK is for you! We will be spending four mornings at Games Unplugged downtown playing their huge selection of games. They have over 500 games of all genres and skill levels. Bring your friends and competitive spirit, it's time to put away those phones....it's board game time!

Cost: \$25

Location: Games Unplugged Boardgame Café

15. **LaunchPad Sports** – Try baseball, softball, and cricket over four fun weeks at Launchpad Sports! Each week you'll rotate through stations, test different bats and swings. With their hitting simulators you will get to see how fast and how far you can hit, try throwing targets with a radar gun, play quick games with friends, and finish with a friendly Home Run Derby. No experience needed, equipment provided if you don't have your own.

Cost: \$30

Location: LaunchPad Sports (Prospect Street – by bus)

16. **Bowling @ Kingswood** - Have some fun bowling with your classmates! No experience necessary. The group will travel by bus to Kingswood for four sessions. Students will be placed into smaller groups per lane. \*\*Socks are required. Shoes will be rented and required on the lanes.

Cost: \$25

Location: Kingswood Entertainment Centre (by bus)

17. **Fencing** – Learn the exciting sport of Olympic fencing! An introduction to the sport with games, footwork & plenty of fencing, ending with a team competition. Please dress comfortably in track pants and non-marking sneakers and bring a water bottle.

Cost: \$25

Location: Beaches Sabre Club East (512 George Street - walking)

18. **SPARK Arcade!** - In our SPARK Arcade program, students use Microsoft MakeCode Arcade and Kitronik's Arcade Max controller to code and play their own video games. Students design games using block coding, test them, fix bugs, and play their creations on real game controllers. This program helps students build coding skills, creativity, problem-solving, and teamwork—all while having fun and bringing their ideas to life.

Cost: \$0 Location: School, Tech Room

19. Winter Walking – Do you like getting outside and enjoying the fresh air, even in the winter? If so, this SPARK is for you! Students will walk around Fredericton's trails and downtown area every Friday morning. Please make sure to dress for the elements (hat, mittens, winter coat, and boots) and be ready to chat, walk, and explore the beauty of winter in Fredericton.

Cost: \$0 Location: Downtown Trails

20. **Tennis @ Abony** - Students will travel by bus to the Abony Family Tennis Centre. Whether you are an experienced player or you simply want to try tennis for the first time, this is guaranteed to be a fun time! You will learn the basic fundamentals of how to play tennis, the rules of the game and play mini matches. \*\*You will need indoor, non-marking sneakers and a water bottle, but you do not need your own racquet.

Cost: \$25 Location: Abony Tennis Centre

21. Good Guys Mini Golf – Come check out one of Fredericton's newer locations – Good Guys Golf! This is a nine hole indoor minigolf park. There are also table top games to play with friends while taking a break. Come check out this terrific location and play a few rounds of mini golf with your friends. No experience necessary.

Cost: \$28 Location: Good Guys Golf (by bus)

22. [Intro to Martial Arts](#) - Looking to get into martial arts? Not sure what would suit you? Atlantic Martial Arts Academy is offering a beginner 4-week course to GSMS Students. You will be

learning the art of Taekwondo and Hapkido, as well as the sport Kickboxing. Come have a great time! Let experience be your teacher! Learn from 3rd generation Master Instructor Steven Ross.

Cost: \$30

Location: Martial Arts Center (former YMCA)

23. **YMCA Power Up! SPARK** – Students will travel to the YMCA as part of their Power Up program. Power Up is a program intended to expose youth to different leadership styles, confidence building techniques and new activities and games that fall outside of the typical sport and recreation options offered during most gym physical ed and after school programs. Come join us for a variety of fun games and activities!

Cost: \$0

Location: YMCA

24. **Chess** – If you are someone who enjoys playing chess, or you want more experience playing the game, come join this spark. Students will play friendly games of chess with their peers. It will also be great practice if you plan to attend any chess tournaments throughout your school years!

Cost: \$0

Location: School, Room A31

25. **Yearbook Committee** - Are you creative, organized, or love capturing memories? The yearbook committee is looking for students to help design, brainstorm ideas, and photograph for this year's yearbook! Whether you enjoy photography, collaborating, or have an eye for design, there's a place for you on the team. Don't miss out on this fun opportunity to leave your mark on the school!

Cost: \$0

Location: School, Room 214

26. **Skills and Drills Basketball Development** (non-competitive) - Start your basketball journey with Skills and Drills! This program is perfect for those new to the sport who are looking to learn the fundamentals of the game in a supportive and fun environment. Our experienced coaches will teach essential skills like dribbling, shooting, passing, and basic defensive techniques through engaging drills and activities. Build confidence, develop teamwork, and discover a love for basketball while mastering the basics. Whether you're new to the sport or looking to gain a

strong foundation, this program is the perfect first step! Come learn from Coach Roman, a former professional player and last year's assistant coach for the UNB Men's Basketball Team!

Cost: \$15

Location: GSMS Gym

27. Come Play Pickleball! - Travel to the newest indoor pickleball courts for some fun! With this SPARK you will learn the basics of pickleball in a fun, safe, and supportive environment. Each week you will go through warm-ups, skill practice, and games with new skills to focus on each week! By the end of this 4 week program, you will be able to play full pickleball games confidently and safely. You will need indoor sneakers, comfortable clothing, and a water bottle to attend!

Cost: \$30

Location: Backspin Fredericton (by bus)

28. Murals & Mosaics - Do you enjoy painting and/or speedcubing? Design and paint a mural in the annex/gym hallway. In addition to finishing up the lighthouse and river mural, we will be completing a second mural that is designed to look like a black-and-white illustration. If speedcubing is more your style, design and complete a Rubik's cube mosaic that will be displayed in the case next to the mural. We will be painting every day, so bring an old shirt because you may get paint on your clothes!

Cost: \$0

Location: School, Room A33

29. Journey Fitness - Come and join us for a brand new SPARK at Journey Fitness Studio. In this SPARK, students will complete circuit training, teamwork drills and mind-body challenges. We will focus on growing a positive mindset, building both physical and mental strength. Weight training, rebound boots and mini trampolines will all be part of this exciting fitness SPARK. Participants will need to bring indoor shoes, comfortable clothing, tall socks (for rebound boots) and a water bottle.

Cost: \$30

Location: Journey Fitness Studio (by bus)