



## Spring SPARK Booklet



Dates: May 8, 15, 22, 29      Rain date: June 5

Please select your top 5 choices:

1. Beading with The Beads Knees- Led by Melcolm Beaulieu, a Mi'kmaw artist, this hands-on, beginner-friendly workshop invites all students to learn the basics of Mi'kmaq beading while creating their own beaded piece over four sessions. Melcolm and their assistants will guide you step by step, share insights from their artistic journey, and hold space for thoughtful discussions throughout the sessions.

Cost: \$0

Location: School, Rm A21

2. Project LIT - Project LIT is an opportunity for students to read, discuss and celebrate books that inspire us to make a difference. Time will be spent reading in the classroom, and we'll take books outside for a change of scenery. Visits to our local bookstore, Westminster Bookmark, are also planned. Come read with us!

Cost: \$0

Location: School, A32

3. Pokemon Go – Calling all trainers! Explore your love of Pokémon through Pokémon GO, trading card games, TCG pocket and more. **Students must have a cellphone with the Pokémon Go app installed and a mobile data plan to play on the days we are out.** Comfortable walking shoes are recommended as we'll be on our feet exploring the city. No prior experience with Pokémon Go is needed—just come ready to have fun and enjoy the adventure!

Cost: \$0

Location: Walking Downtown, Room 309

George Street Middle School

4. Create & Connect – In this SPARK we will brainstorm and collaborate to decide on weekly activities that will have connecting and wellness at the core. Possible ideas: DIY/crafts, Henna, bracelet making, walking, nails, painting, games, etc.

Cost: \$6

Location: School, Room 306

5. Magic the Gathering - Magic the Gathering Club, now during Spark! Come join for a chance to play whatever your favorite format is! New and experienced players welcome! All materials can be provided, but you are welcome to bring your own cards!

Cost: \$0

Location: School, Room 201

6. Swimming – Students will be bused to the Fredericton Indoor Pool where they will have fun swimming with friends. Please note that swimming lessons are not provided, so previous swimming experience is necessary or the use of a life jacket will be recommended.

Cost: \$6

Location: Fredericton Indoor Pool (by bus)

7. Sports @ Wilmot - Join us for outdoor games at Wilmot Park! You can choose between basketball, soccer, tennis or simply enjoying the park. If you plan to play tennis, bring your own racket and ball. Equipment for other sports will be provided. We will bus to and from the park. You will be active, so be sure to bring comfortable shoes, a water bottle, and good sportsmanship.

Cost: \$4

Location: Wilmot Park (bus)

8. Clay Café - Students will get to select their two choices of ceramic pieces to paint. At the end of the four weeks, pieces will be glazed and sent back to the school for the students to take home. (All supplies are provided by Clay Café for the price.)

Cost: \$28

Location: Clay Café

9. Snack N' Paint - Snack N' Paint - No experience painting? That's no problem at all. You will be painting right along with artist, Andrea Parent Milley in a "follow the leader" type approach to creating your very own masterpieces. Each week you will go home with a completed piece of art to hang on your wall.

Cost: \$28

Location: School, Art Room

10. Jewelry-Making - Unleash your creativity & design your own dazzling jewelry in Jewelry Making SPARK! Dive into the world of jewelry design and create stunning earrings, bracelets,

and necklaces using memory wire, hemp, and an exciting mix of super cool beads and materials. You will learn fun techniques to craft one-of-a-kind pieces that reflect your style and make you stand out. Let your creativity run wild and be ready to shine with handmade jewelry you will be proud to wear. No experience necessary.

Cost: \$25

Location: School, A14

11. Games Unplugged - Board game lovers unite?! If you love playing board games and discovering new ones, this SPARK is for you! We will be spending four mornings at Games Unplugged downtown playing their huge selection of games. They have over 500 games of all genres and skill levels. Bring your friends and competitive spirit, it's time to put away those phones....it's board game time!

Cost: \$25

Location: Games Unplugged Boardgame Café

12. Minecraft Challenge – 🎮 **Where creativity meets competition... and YOUR ideas come to life!** Get ready to enter a world where imagination rules and every block you place brings you closer to becoming a **Minecraft Master Builder**. Whether you're a Redstone genius, design wizard, or survival strategist, this is YOUR time to shine. Each week, you'll take on **epic Minecraft build challenges** designed to test your creativity, problem-solving, and teamwork skills.

Cost: \$0

Location: School, Tech Rooms

13. Bowling @ Kingswood - Have some fun bowling with your classmates! No experience necessary. The group will travel by bus to Kingswood for four sessions. Students will be placed into smaller groups per lane. **\*\*Socks are required. Shoes will be rented and required on the lanes.**

Cost: \$25

Location: Kingswood Entertainment Centre (by bus)

14. Makerspace Makeover - **“Design it. Build it. Leave your mark.”** Are you creative? Artsy? Full of big ideas? Do you love designing spaces, building things, or making something look AMAZING? Then step into the spotlight for **Makerspace Makeover**—a high-energy, design challenge where **YOU** become the designer. Our school Makerspace needs a glow-up... and we're calling on a team of creative minds to make it happen! Over **4 days (6 total hours)** in the SPARK program, you'll work as part of a design crew to:

🎨 Reimagine the look, feel, and function of our Makerspace

💡 Brainstorm bold ideas and creative solutions

✏️ Sketch, plan, and design your vision

🔧 Prototype and bring your ideas to life

Cost: \$0

Location: School, Makerspace

15. Highland Dance - Curious about Highland dance? Join our **Intro to Highland Dance** class and discover the energy and tradition of this exciting style! In this beginner-friendly class, students will learn **simple Highland steps** and put them together into an easy routine. No experience is needed—just come ready to move and have fun. Please wear **comfortable, athletic clothing** and **socks or sneakers** so you can dance safely and confidently. This is a great chance to try something new and build strength, rhythm, and confidence!

Cost: \$25

Location: Charlotte Street Art Centre

16. Good Guys Mini Golf – Come check out one of Fredericton’s newer locations – Good Guys Golf! This is a nine hole indoor minigolf park. There are also table top games to play with friends while taking a break. Come check out this terrific location and play a few rounds of mini golf with your friends. No experience necessary.

Cost: \$28

Location: Good Guys Golf (by bus)

17. Intro to Martial Arts - Looking to get into martial arts? Not sure what would suit you? Atlantic Martial Arts Academy is offering a beginner 4-week course to GSMS Students. You will be learning the art of Taekwondo and Hapkido, as well as the sport Kickboxing. Come have a great time! Let experience be your teacher! Learn from 3rd generation Master Instructor Steven Ross.

Cost: \$25

Location: Martial Arts Center (former YMCA)

18. YMCA Power Up! SPARK – Students will travel to the YMCA as part of their Power Up program. Power Up is a program intended to expose youth to different leadership styles, confidence building techniques and new activities and games that fall outside of the typical sport and recreation options offered during most gym physical ed and after school programs. Come join us for a variety of fun games and activities! \*\*If you have previously done this SPARK this year, please select another option. Open to new registers only.

Cost: \$6

Location: YMCA (bus)

19. YMCA Basketball (more advanced)- Coach Roman from the YMCA will coach students in this SPARK to enhance their basketball development. This specific program will be more advanced (JV and Varsity level). Students do not have to have been on a team, but they should already have the basics down and are looking for more advanced basketball training. Build confidence, develop teamwork, and grow your love for basketball in this SPARK!

Cost: \$15

Location: GSMS Gym

20. LaunchPad Sports: Try baseball, softball, and cricket over four fun weeks at Launchpad Sports! Each week you'll rotate through stations, test different bats and swings. With their hitting simulators you will get to see how fast and how far you can hit, try throwing targets with a radar gun, play quick games with friends, and finish with a friendly Home Run Derby. No experience or equipment needed.

Cost: \$30

Location: LaunchPad Sports (Prospect)

21. Biking – Nice & Easy: Looking to explore the trails in our lovely valley? Join this easy paced ride, see the sights and enjoy each other's company as spring blooms! Please be able to ride steady for about 45 minutes. Lessons aren't provided, so you should have basic biking skills. If you don't have a bike and/ or helmet, please INDICATE ON YOUR SHEET!

Cost: \$0

Location: Downtown Trails

22. Walk the Trails: Students who simply want to get outside and enjoy the warmer spring weather, while taking a leisurely walk with friends, will enjoy this SPARK. Join us for a nice walk as we stroll the downtown area trails and enjoy slowing down and taking in the outdoors. Proper footwear required.

Cost: \$0

Location: Downtown Trails

23. Beach Volleyball: Soak in the warmer spring weather with some outdoor fun playing a friendly game of volleyball! This SPARK is for students of all skill levels. Athletic clothing is required.

Cost: \$6

Location: Willie O'Ree Outdoor Courts

24. Flag Football for Girls 🏈 ✨ Ready to run, catch, and shine? Flag football is action packed and zero contact. You will learn all the basics including how to throw a football, how to catch, and more importantly how to score a touchdown! No experience needed! Just bring your energy and willingness to try something new. Together we will build skills, confidence, teamwork, and have a ton of fun along the way! Shorts, leggings, or pants without pockets and athletic shoes required. New mouthguards will be provided to students, if needed. Come discover what you're capable of... and ignite your SPARK. ✨

Cost: \$0

Location: Queen Square

25. Lego Creations – Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions than the LEGO SPARK may be for you.

Cost: \$5

Location: School, Room 314

26. Chess – If you are someone who enjoys playing chess, or you want more experience playing the game, come join this spark. Students will play friendly games of chess with their peers. It will also be great practice if you plan to attend any chess tournaments throughout your school years!

Cost: \$0

Location: School, Room A31

27. Come Play Pickleball! - Travel to the newest indoor pickleball courts for some fun! With this SPARK you will learn the basics of pickleball in a fun, safe, and supportive environment. Each week you will go through warm-ups, skill practice, and games with new skills to focus on each week! By the end of this 4 week program, you will be able to play full pickleball games confidently and safely. You will need indoor sneakers, comfortable clothing, and a water bottle to attend!

Cost: \$30

Location: Backspin Fredericton (by bus)

28. Bouldering - Want to learn how to rock climb? Come climb at the Fredericton Bouldering Coop! This rock-climbing SPARK offers 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes of climbing practice on their indoor bouldering walls for 3 weeks (2nd week activity TBD). Students will be bused to the facility and back to the school. Rental shoes are included in the cost. Students must have their online waiver signed prior to participating (<https://www.fbcwall.com/waivers>).

Cost: \$20

Location: Fredericton Bouldering Co-op (by bus)

29. Speedcubing - Learn how to solve a cube, improve your time, compete with friends, and work together to create our new 1200 cube mural of a monarch butterfly! Solve tiny cubes, medium cubes, giant cubes, 1x1, 2x2, 3x3, 4x4, and many more types of cubes! You might even be the first GSMS student to solve the Rubik's impossible! All levels of speedcubers welcome (even if you have never solved a cube before)!

Cost: \$0

Location: School, Room A33

30. Self-Care Studio - A fun way to teach any student about self-care. For 3 weeks, this SPARK will be at Mane Institute Cosmetology School. Students will have different themes each week that involve hair techniques and styling, nail and skin care. We encourage all genders. If anyone is required privacy to have their hair shown, we will have a space with privacy and female only stylists. The third week, the activity will be an alternate self-care activity.

Cost: \$20

Location: Mane Institute Cosmetology School (walking)

31. Magnet Master Builders - Join us for four fun-filled sessions of hands-on building with magnet tiles! Students will work in teams to tackle creative challenges like tower building, bridge engineering, marble mazes, and designing a mini city. It's a great way to explore STEM skills through teamwork, imagination, and play.

Cost: \$6

Location: GSMS, Room 202

32. Tennis @ Abony - Students will travel by bus to the Abony Family Tennis Centre. Whether you are an experienced player or you simply want to try tennis for the first time, this is guaranteed to be a fun time! You will learn the basic fundamentals of how to play tennis, the rules of the game and play mini matches. \*\*You will need indoor, non-marking sneakers and a water bottle, but you do not need your own racquet.

Cost: \$25

Location: Abony Tennis Centre